

# The Old Gal Gazette

A Publication of Alpha Sigma Phi Fraternity

Number 4

October 16, 1992

## NATIONAL NEWS

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### **NATIONAL SERVICE SELECTION DECISION PROCESS GOES TO UNDERGRADUATES**

As this issue of the Old Gal Gazette went to the publisher, the National Advisory Committee on Service nearly have materials ready to circulate to the undergraduate chapters who will make the final decision on which national service project we will choose. If you will recall, this national service selection process was mandated by the delegates in attendance at the 1992 National Convention.

By October 21, materials will be in the mail to each of our undergraduate chapters to allow you to make the final decision. Materials to be mailed include:

- \* a letter of explanation from Alan Breedlove, committee chairman.
- \* a fact sheet and overview of the two finalists.
- \* publicity materials provided by the two finalists--including at least one video.
- \* an official ballot.

Materials should be shared with the entire chapter. Service should be discussed in a chapter meeting with the consensus of the chapter being used as the chapter's "vote", not the HSP's decision alone!

Ballots will not be counted until November 6, so you will have ample time to have the view the materials, have discussions and make a collective decision. When your ballot is returned, we would hope that you would return the video(s)--we are dealing with public charities with limited resources!

Many of our chapters conduct successful service and fundraising events for a variety of charities, and it is our hope that they will continue with these efforts. In fact, we have designed a new awards structure to promote and recognize these often heroic endeavors. It is our goal to enhance these efforts by encouraging your chapter to conduct at least one program each year for our adopted charity. Just imagine the impact Alpha Sigma Phi could have if all 53 chapters, with our 1,300 undergraduates and 25,000 alumni, focused their energy and talents on one charity! This is a momentous and historic opportunity that you have before you. We are confident that this issue will receive your serious consideration.

### **WHY DRINK RESPONSIBLY?**

"A study, recently released by the American Council for Drug Education, reports that:

- 93.6% of college students have used alcohol in their lifetimes.
- Almost 4% of the college population drinks daily.
- Over 430 million gallons of alcoholic beverages are consumed by college students each year.
- Two-thirds of all college/university presidents consider alcohol abuse to be a "moderate" or "major" problem on campus.
- 100% of all college/university presidents said alcohol abuse is the top healthcare problem on campus.
- Between 240,000 and 360,000 college students will eventually die from alcohol-related causes.
- 62% of campus violations are alcohol-related.
- 68% of residence hall damages are alcohol-related.
- 85% of sexual assaults are alcohol-related.



- 70% of discipline referrals are alcohol-related.
- 50% of suicides are alcohol-related.
- 38% of male and 20% of female binge drinkers felt alcohol use affected their ability to keep up with their schoolwork.
- 50% of male and 14% of female students cited alcohol as the reason they missed class.
- 81% of male and 44% of female students admitted doing something regrettable while drunk.

For more information or copies of these statistics, please contact the American Council for Drug Education, 204 Monroe Street, Rockville, Maryland 20850. Telephone number 1-800-488-DRUG.

### YOUR CHAPTER NEWSLETTER--10 THOUGHTS ON THE CHAPTER NEWSLETTER

1. The main reason for an alumni newsletter is to inform alumni.
2. When alumni become informed, they are being developed.
3. When alumni are being developed, they are more likely to be involved.
4. When alumni are more involved, the more likely they are to give back to the chapter.
5. The more the alumni give back to the chapter, the more opportunities the undergraduates will have available.
6. The more opportunities the undergraduates will have, the more enjoyable the experiences for the undergraduates.
7. The more enjoyable the experiences for the undergraduates, the more likely they will give back to the chapter when they are alumni.
8. As this cycle continues, it becomes increasingly important to keep the alumni involved with the newsletter.
9. The alumni want to hear about positive undergraduate operations.
10. More importantly, the alumni want to hear about other alumni. Please target your newsletter to the audience, the alumni, and not to the chapter. This will make the cycle much more effective and enjoyable.

BEST OF LUCK WITH FUTURE NEWSLETTERS!!!

### KEEP STRESS IN CHECK

Stress is a natural part of life, but total cycle calls for managing *excess* stress. Give your lifestyle a boost in the right direction by reducing the stress in your daily routine.

- ✓ Keep a positive outlook and a sense of humor. Both will help you jump over life's hurdles.
- ✓ Enjoy activities that lower tension such as taking quiet walks, listening to good music, and eating healthy meals.
- ✓ Express your feelings whether joy or anger rule the day.
- ✓ Don't expect to be perfect. Do learn from your mistakes.
- ✓ Get enough sleep so that your body and mind have time to recharge for the next day.
- ✓ Stay open to new ideas and other ways of seeing things.
- ✓ Learn to be realistic about your goals and flexible with your schedule.
- ✓ Recognize that hidden in each crisis situation is an opportunity to learn and grow.

**REMEMBER:** Controlling stress helps you to remain healthy and avoid accidents that stem from tension-caused carelessness.



## NATIONAL NEWS (Cont'd)

### MORE RESOURCE MATERIALS BECOME AVAILABLE

The following materials have been recently ordered and can be checked out by chapters and colonies for a period of seven days:

- (1) Business Etiquette Resource Manual
- (2) Gaining the Competitive Edge With Business Etiquette Video
- (3) Mind Your Manners Board Game

If you are interested in checking these materials out, please contact Mark Williams, Chairman of National Advisory Committee on Scholarship, at (614) 875-1512.

## FOR YOUR INFORMATION

### DATES TO REMEMBER

#### October

- 15 Submit Roadmap to Success Fall Workbook

#### November

- 1 Chapter Fees and Undergraduate Dues are due  
 1 Final date to submit copy for fall issue of Newsletter  
 1 Indiana Greek Leadership Conference, Purdue University \*  
 26 Thanksgiving Day

- \* For more information, please contact Purdue University's Interfraternity Council at (317) 494-2717. All Greeks are invited, regardless of campus or affiliation.

### Chapter Leadership Consultants Travel Schedule through November

DATE	ED LENANE	DAVE GATZKE	MARK WINSTON
Oct. 20	Stockton State	Oregon State	Lv. CC/Ar. Barton
21	Lv. Stockton/Ar. American	Oregon State	Lv. Barton/Ar. W. For.
22	American	Lv. Oregon/ Ar. Washington	Lv. Wake/Ar. Marietta
23	American	Washington	Marietta
24	Lv. American	Washington	Lv. Marietta/Off
25	—	Lv. Washington	—
26	Office	Office	Office
27	Office	Office	Office
28	Office	Office/Ar. Miami	Office
29	Office	Miami	Office
30	Office	Miami	Office
31	—	Miami	—
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Nov. 1	Ar. Penn State	Lv. Miami	Ar. Radford
2	Penn State	Office	Radford
3	Lv. Penn State/Ar. Lycoming	Office	Lv. Radford/Ar. W. For.
4	Lycoming	Office/Ar. Findlay	Wake Forest
5	Lv. Lycoming/Ar. Cornell	Findlay	Lv. Wake/Ar. UNOC
6	Cornell	Lv. Findlay/Ar. C. Michigan	UNOC
7	Lv. Cornell/Off	Central Michigan	Lv. UNOC/Off
8	Off	Central Michigan	Off/Ar. Marshall
9	Ar. Lehigh	Central Michigan	Marshall
10	Lehigh	Lv. CMU/Ar. Toledo	Lv. Marshall/Home
11	Lv. Lehigh/Ar. Widener	Toledo	Office
12	Widener	Lv. Toledo/Office	Office
13	Lv. Widener/Ar. Delaware	Office	Office
14	Delaware	—	Marietta/VI Conf.
15	Delaware	—	Marietta/VI Conf.
16	Delaware	Office	Office
17	Lv. Delaware/Home	Office	Office
18	Office	Office	Office
19	Office	Office	Office
20	Office	Office	Office
21	Off	Mid Year	Mid Year
22	Off	Mid Year	Mid Year
23	Office	Mid Year	Mid Year
24	Office	Office	Office
25	Office	Office	Floating Holiday
26	THANKSGIVING	THANKSGIVING	THANKSGIVING



## CHAPTER NEWS

### BETA EPSILON CHAPTER, LEHIGH UNIVERSITY

Several brothers were recently elected to leadership positions for the 1992-93 academic year at Lehigh. They are: Glenn A. MacKenzie/Student Senate Vice President, Mitchell D. Toren/Junior IFC President, James L. Walla/Sophomore Class President, Edward J. Monahan/Student Senate Representative/Student Forum Representative, Edward E. Mahon/Student Senate Representative, John Cavanaugh/Student Senate Representative. This is the largest amount of campus leadership positions ever held in our chapter's history.

### BETA CHI CHAPTER, AMERICAN UNIVERSITY

The year has started off very well for us here at American. As far as the sixth floor in McDowell is concerned the situation couldn't be better. So far there have been no complaints from any of the non-fraternity residents and all of the brothers are enjoying themselves. The fraternity has made a very smooth transition into the dorms and it will surely carry over to next year when we move onto the seventh floor. The following is an article of that appeared in the school newspaper, The Eagle, dated September 7, 1992.

## New Alpha Sigma Phi floor blends in well

By KIMBERLY LANZA  
Eagle Staff Writer

Instead of protesting like the residents of sixth floor Letts Hall did a year and a half ago, most residents of sixth floor McDowell Hall have welcomed the Alpha Sigma Phi fraternity as neighbors.

Junior John Fucchino said he thought the fraternity might exclude

people who were not members.

On the contrary, he has found members of Alpha Sigma Phi very outgoing and social.

"They've kept sixth floor alive," he said.

Brendan Basikinger, a freshman, said he had not encountered any trouble with fraternity members.

"I don't have any problems," he said.

Alpha Sigma Phi was given a block of rooms on sixth floor McDowell Hall this year because AU refused to renew the lease of their on-campus fraternity house.

According to Director of Residential Life Anne Steen, the fraternity had to seek special permission from the Special Housing Committee just like any other special interest group would have to.

Monthly meetings are planned between fraternity leaders and housing officials to discuss the presence of fraternity members on floor.

Garrick Groves, president of Alpha Sig, said a fraternity representative will be present during the planned renovation of McDowell Hall in the summer of 1993.

## COLONY NEWS

### PHI THETA COLONY, STATE UNIVERSITY OF NEW YORK-BINGHAMTON

Our Colony won the intramural Co-Rec Softball Tournament on September 12 with Chapter Leadership Consultant, Ed Lenane (Plattsburgh '88), in attendance. The score of the final was 4-2.

## PLEDGED TO THE SEVEN POINTS

**ALPHA PI CHAPTER, Purdue University:** Brad Bilski, Mark Borzych, Bryan Devenny, John Emmons, David Gaerte, Vince Lehetsky, John Lethen, Steve Marrero, John Mount, Charles Muh, Ronald Quizon, Robert Rhoads, Paul (Aaron) Starr, and John Talifer on September 21, 1992.

**BETA DELTA CHAPTER, Marshall University:** Jon C. Belville, Brad W. Bennett, Oley R. Berry, Jr., Steven R. Diamond, Gregory J. Duffer, Christopher A. Dunmore, Brian A. Greenlee, Wesley S. Hardin, David C. Heck, Dennis M. Hicks, Matthew B. Hill, Scott J. Liebman, John W. Long III, Jason D. Loos, David P. Maier, Seth B. Marshall, William A. Nitardy, John W. Pennington, Eric J. Plumley, Brian M. Reimer, Jeremy A. Sayre, Darrin G. Seally, Matthew Sloan, Stephen A. Smooth, Thomas M. Stover, Britt R. Swanger, Tamejiro Takubo, Jr., Mark D. Walker, and Anthony E. Wilson on September 20, 1992.

**DELTA LAMBDA CHAPTER, Stockton State College:** Raymond Edward McNulty, Jeffrey Lorenzo Jimenez, Thomas Anthony D'Elia II, and David T. O'Rourke on September 28, 1992.





## INITIATION INTO THE MYSTIC CIRCLE (Cont'd)



**BETA MU CHAPTER, Wake Forest University:** Brendan Neville Fleming, Adam Ford Haussermann, Christopher Lance Murchison, Matthew Denton Thompson, Robert Bergstrom Varn, and Jason Charles Vuic on May 1, 1992.

**BETA CHI CHAPTER, American University:** Harpreet Singh, Michael Albert Simpson, David Anthony Spinale, Gary Stephen King, Christian John Misvaer, Jordan Scott Bickell, Christian Sabatian Sachs, and Wilfrid Augustin Daly IV on April 14, 1992.

**DELTA LAMBDA CHAPTER, Stockton State College:** Jon Eig, Mustafa Lambiro, and Ron Portnoy on April 16, 1992.

**DELTA XI CHAPTER, State University of New York at Plattsburgh:** Brandon J. Becker, Jack E. Biesty, Ralph J. Butler, Kyle G. Done, Shane L. Flack, James J. Frank, Bryan D. Gottwald, Steven P. LaPlante, David Marceau, Jim J. Van Dewal, Jr., and Daniel R. Weiss on April 17, 1992.



### SEARCHING FOR CHAPTER LEADERSHIP CONSULTANTS

*As a Chapter Leadership Consultant for Alpha Sigma Phi National Headquarters, you can receive the experience of a lifetime! You'll travel. You'll learn about working successfully with a variety of people in different situations. No matter what field you go into, this is the key ingredient for life-long success. You'll learn about motivating, about public speaking, about self-reliance, and most importantly you'll have the opportunity to meet, interact, develop relationships with, and have an impact on fellow fraternity brothers.*

*If this sounds interesting to you, you may want to consider applying for the Chapter Leadership Consultant position. For more information, please contact your HSP or President, or Jeffery S. Owens, Director of Chapter Services/Expansion at the Fraternity Headquarters. Applications and additional information about the position are enclosed in this week's mail packet.*

The *Old Gal Gazette* is published every two weeks during the academic year by the National Headquarters. It is distributed to all chapters, colonies, advisors and fraternity volunteers in an effort to keep all informed of their Fraternity's activities, plans and progress.

News items for the Gazette may be sent to: Alpha Sigma Phi National Headquarters, P. O. Box 838, Delaware, OH 43015-0838.

Don't Quit

Is that  
what you  
want to do?  
Quit?  
Anybody can  
do that.  
Takes no talent.  
Takes no guts.  
It's exactly  
what your  
adversaries  
hope  
you  
will do.  
Get your  
facts straight.  
Know what your talking  
about.  
And keep going.  
In the 1948  
Presidential election,  
the nations leading  
political reporters  
all predicted  
Harry Truman  
would lose.  
He won.  
Winston Churhill  
said,  
"Never give in.  
"Never. Never."  
Sir Winston stuck  
his chin out  
and wouldn't quit.  
Try sticking out  
your chin.  
Don't give up.  
Ever.